

# Optimising and Adapting the Metropolis Algorithm

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## Motivation

Given some complicated, high-dimensional density function  $\pi : \mathcal{X} \rightarrow [0, \infty)$ , for some  $\mathcal{X} \subseteq \mathbf{R}^d$  with  $d$  large.

(e.g. Bayesian posterior distribution)

Want to compute probabilities like :

$$\Pi(A) := \int_A \pi(x) dx ,$$

and/or expected values of functionals like :

$$\mathbf{E}_\pi(h) := \int_{\mathcal{X}} h(x) \pi(x) dx .$$

Calculus ? Numerical integration ?

Impossible ! Typical  $\pi$  is something like ...

## Typical $\pi$ : Variance Components Model

$$\begin{aligned} \pi(V, W, \mu, \theta_1, \dots, \theta_K) &= C e^{-b_1/V} V^{-a_1-1} e^{-b_2/W} W^{-a_2-1} \\ &\quad \times e^{-(\mu-a_3)^2/2b_3} V^{-K/2} W^{-\frac{1}{2} \sum_{i=1}^K J_i} \\ &\quad \times \exp \left[ - \sum_{i=1}^K (\theta_i - \mu)^2 / 2V \right. \\ &\quad \left. - \sum_{i=1}^K \sum_{j=1}^{J_i} (Y_{ij} - \theta_i)^2 / 2W \right], \end{aligned}$$

with, say,  $K = 19$ ,  $d = 22$ .

High-dimensional! Complicated! What to do?

## Estimation from sampling : Monte Carlo

Can try to sample from  $\pi$ , i.e. generate i.i.d.

$$X_1, X_2, \dots, X_M \sim \pi$$

(meaning that  $\mathbf{P}(X_i \in A) = \int_A \pi(x) dx$ ).

Then can estimate by e.g.

$$\mathbf{E}_\pi(h) \approx \frac{1}{M} \sum_{i=1}^M h(X_i).$$

Good. But how to sample? Often infeasible!

Instead ...

## Markov chain Monte Carlo (MCMC)

Define a Markov chain  $X_0, X_1, X_2, \dots$ , such that for large  $n$ ,  
 $\mathbf{P}(X_n \in A) \approx \int_A \pi(x) dx$ .

(Just approximate ... and not i.i.d.)

Still, hopefully for  $M \gg B \gg 1$ ,

$$\mathbf{E}_\pi(h) \approx \frac{1}{M - B} \sum_{i=B+1}^M h(X_i).$$

But how to define a simple Markov chain such that

$$\mathbf{P}(X_n \in A) \rightarrow \int_A \pi(x) dx$$

## The Metropolis Algorithm

$\pi$  = target density (important! complicated! high-dim!)

Goal : obtain samples from  $\pi$ .

The algorithm : for  $n = 1, 2, 3, \dots$ ,

- $Y_n := X_{n-1} + Z_n$ , where  $Z_n \sim Q$  (i.i.d., symmetric)
- $\alpha := \min \left( 1, \frac{\pi(Y_n)}{\pi(X_{n-1})} \right)$
- with probability  $\alpha$ ,  $X_n := Y_n$  (“accept”)
- else, with probability  $1 - \alpha$ ,  $X_n := X_{n-1}$  (“reject”)

Assuming “irreducibility”, have  $\mathbf{P}(X_n \in A) \rightarrow \pi(A)$ .

Good!

## Example #1 : Java applet

$\pi(\cdot)$  simple distribution on  $\mathcal{X} = \{1, 2, 3, 4, 5, 6\}$ .

[Take  $\pi(x) = 0$  for  $x \notin \mathcal{X}$ .]

$Q(\cdot) = \text{Uniform}\{-1, 1\}$ . [APPLET]

Works.

But what if  $Q(\cdot) = \text{Uniform}\{-2, -1, 1, 2\}$ .

Or,  $Q(\cdot) = \text{Uniform}\{-\gamma, -\gamma + 1, \dots, -1, 1, 2, \dots, \gamma\}$ .

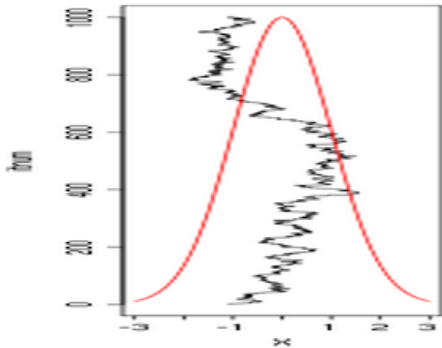
Which  $\gamma$  is best ?? (“optimise”)

Good  $\gamma$  is between the two extremes, i.e. acceptance rate should be far from 0 and far from 1.

(“Goldilocks Principle”)

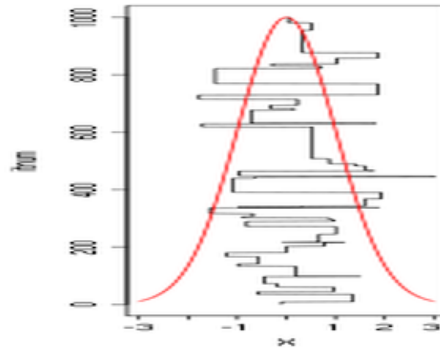
## Example #2 : $N(0,1)$

Target  $\pi(\cdot) = N(0, 1)$ . Proposal  $Q(\cdot) = N(0, \sigma^2)$ . Which  $\sigma$  ??



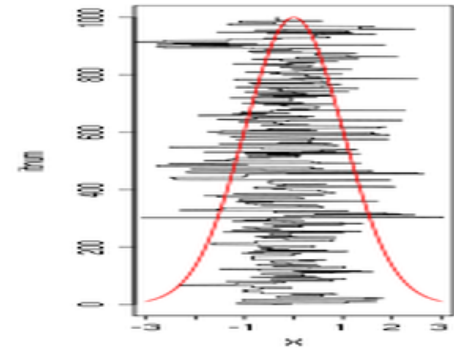
$\sigma = 0.1$  ?  
too small!

A.R. = 0.962



$\sigma = 25$  ?  
too big!

A.R. = 0.052



$\sigma = 2.38$  ?  
(better!)

A.R. = 0.441

What about higher dimensions? (need smaller  $\sigma$  ...)



## How to make theoretical progress ?

Consider diffusion limits !

Analogy : if  $\{X_n\}$  is simple random walk, and  $Z_t = d^{-1/2} X_{dt}$  (i.e., we speed up time, and shrink space), then as  $d \rightarrow \infty$ , the process  $\{Z_t\}$  converges to Brownian motion.

Theorem [Roberts, Gelman, Gilks, AAP 1994] :

If  $\{X_n\}$  is a Metropolis algorithm in high dimension  $d$ , with  $Q(\cdot) = N(0, \frac{\ell^2}{d} I_d)$ , and  $Z_t = d^{-1/2} X_{dt}^{(1)}$ , then under “certain conditions” on  $\pi(\cdot)$ , the process  $\{Z_t\}$  converges to a diffusion.

More precisely, as  $d \rightarrow \infty$ ,  $Z_t = d^{-1/2} X_{dt}^{(1)}$  converges to a Langevin diffusion which satisfies :

$$dZ_t = h(\ell)^{1/2} dB_t + \frac{1}{2} h(\ell) \nabla \log \pi(Z_t) dt ,$$

where

$$\text{speed} = h(\ell) = 2 \ell^2 \Phi(-C_\pi \ell/2)$$

and

$$\text{acceptance rate} \equiv A(\ell) = 2 \Phi(-C_\pi \ell/2) .$$

(Here  $C_\pi$  depends on  $\pi(\cdot)$ , and  $\Phi(x) = \int_{-\infty}^x \frac{e^{-u^2/2}}{\sqrt{2\pi}} du$ .)

Key point : algorithm's speed  $h(\ell)$  is explicitly related to its asymptotic acceptance rate  $A(\ell)$ .

Lots of information here!

- The speed  $h(\ell)$  is related to the acceptance rate  $A(\ell)$ .
- To optimise the algorithm, we should maximize  $h(\ell)$ .
- The maximization is easy :  $\ell_{opt} \doteq 2.38/C_\pi$ .
- Then we can compute that :  $A(\ell_{opt}) \doteq 0.234$ .

So, for  $Q(\cdot) = N(0, \sigma^2 I_d)$ , it is optimal to choose

$$\sigma^2 = \frac{\ell_{opt}^2}{d} = \frac{(2.38)^2}{(C_\pi)^2 d},$$

which leads to an acceptance rate of 0.234.

Clear, simple rule – good!

(Also shows algorithm's running time is  $O(d)$ .)

(10/22)

## What are these “conditions” on $\pi$ ?

Original result :  $\pi(\mathbf{x}) = \prod_{i=1}^d f(x_i)$  for fixed  $f$  (i.i.d.).

Very restrictive, artificial condition.

Some generalizations (Bédard, AAP 2007) :

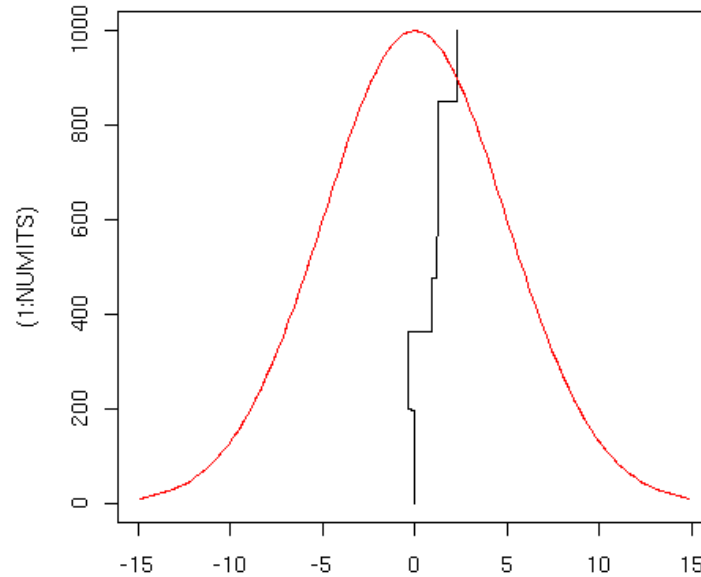
$\pi(\mathbf{x}) = \prod_{i=1}^d \theta_i(d) f(\theta_i(d) x_i)$ , where certain  $\{\theta_i(d)\}$  repeat more and more as  $d \rightarrow \infty$ . More flexible! (Also, for certain other cases, 0.234 is no longer optimal : Bédard, SPA 2008.)

Anyway, 0.234 is often nearly optimal, even if the theorem conditions are not satisfied. (“robust”)

But does acceptance rate tell us everything ?

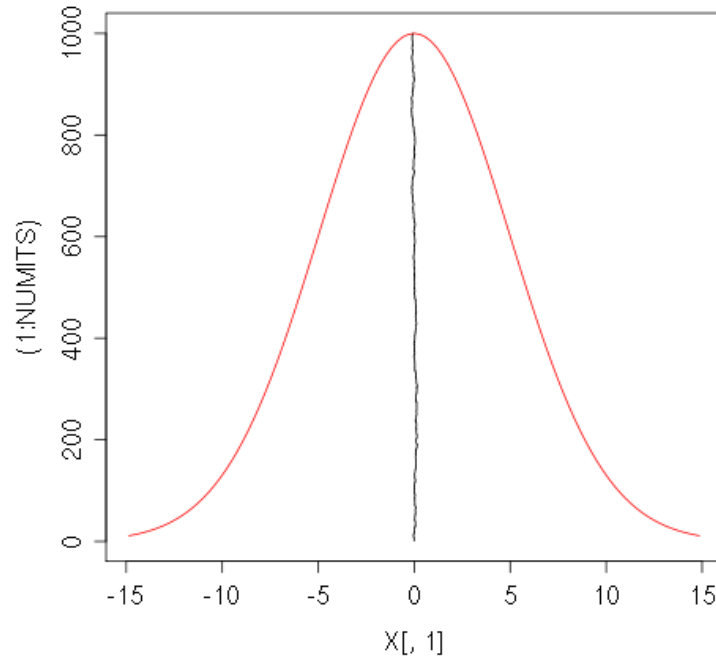
## Example #3 : $\pi = N(0, \Sigma)$ in dimension 20

First try :  $Q(\cdot) = N(0, I_{20})$  (acc rate = 0.006)



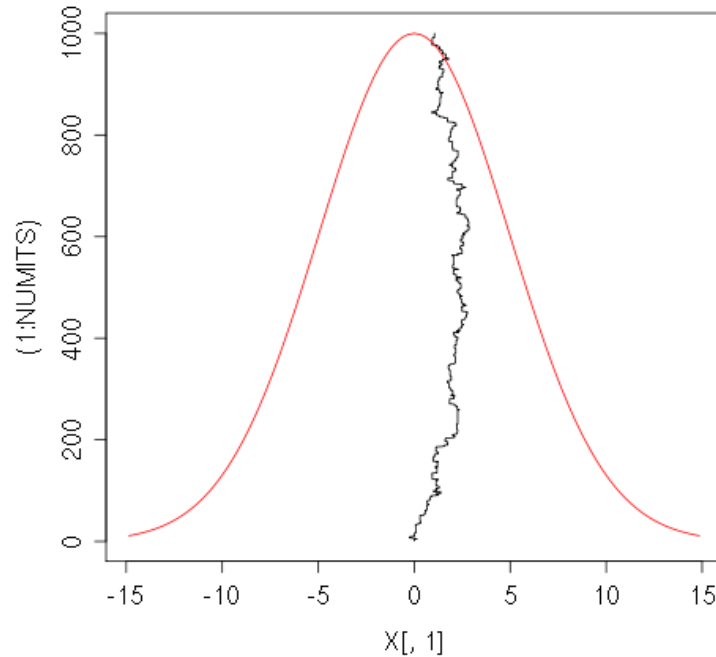
Horrible :  $\Sigma_{11} = 24.54$ ,  $E(X_1^2) = 1.50$ .

Second try :  $Q(\cdot) = N\left(0, (0.0001)^2 I_{20}\right)$  (acc=0.892)



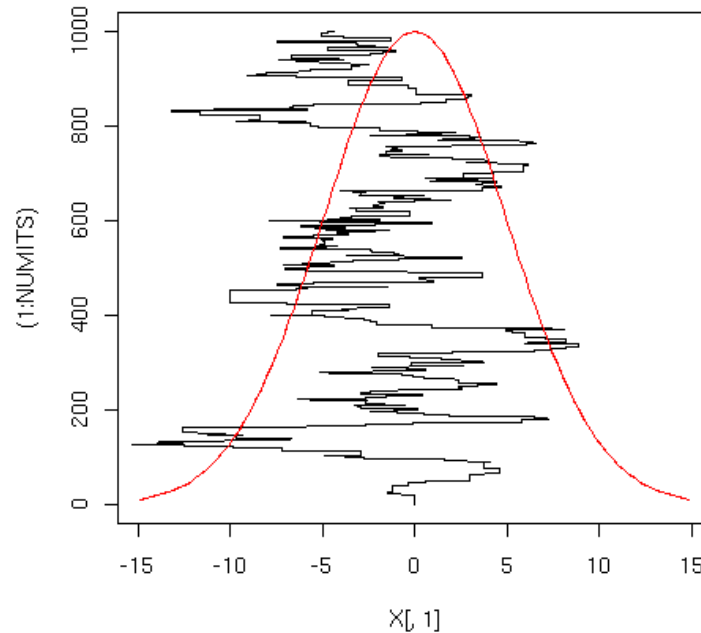
Also horrible :  $\Sigma_{11} = 24.54$ ,  $E(X_1^2) = 0.0053$ .

Third try :  $Q(\cdot) = N\left(0, (0.02)^2 I_{20}\right)$  (acc=0.234)



Still poor :  $\Sigma_{11} = 24.54$ ,  $E(X_1^2) = 3.63$ .

Fourth try :  $Q(\cdot) = N\left(0, [(2.38)^2/20] \Sigma\right)$  (acc=0.263)



Much better :  $\Sigma_{11} = 24.54$ ,  $E(X_1^2) = 25.82$ .



## Optimal Proposal Covariance

Theorem [Roberts and R., Stat Sci 2001] :

Under certain conditions on  $\pi(\cdot)$ , the optimal Metropolis algorithm Gaussian proposal distribution as  $d \rightarrow \infty$  is

$$Q(\cdot) = N\left(0, ((2.38)^2/d) \Sigma\right).$$

(Not  $N(0, \sigma^2 I_d)$  ...) Furthermore, with this choice, the asymptotic acceptance rate is again 0.234.

And, optimal / nearly optimal for many other high-dimensional densities, too.

But this only helps if  $\Sigma$  is known !

What if it isn't ??

## How to use this result if $\Sigma$ is unknown?

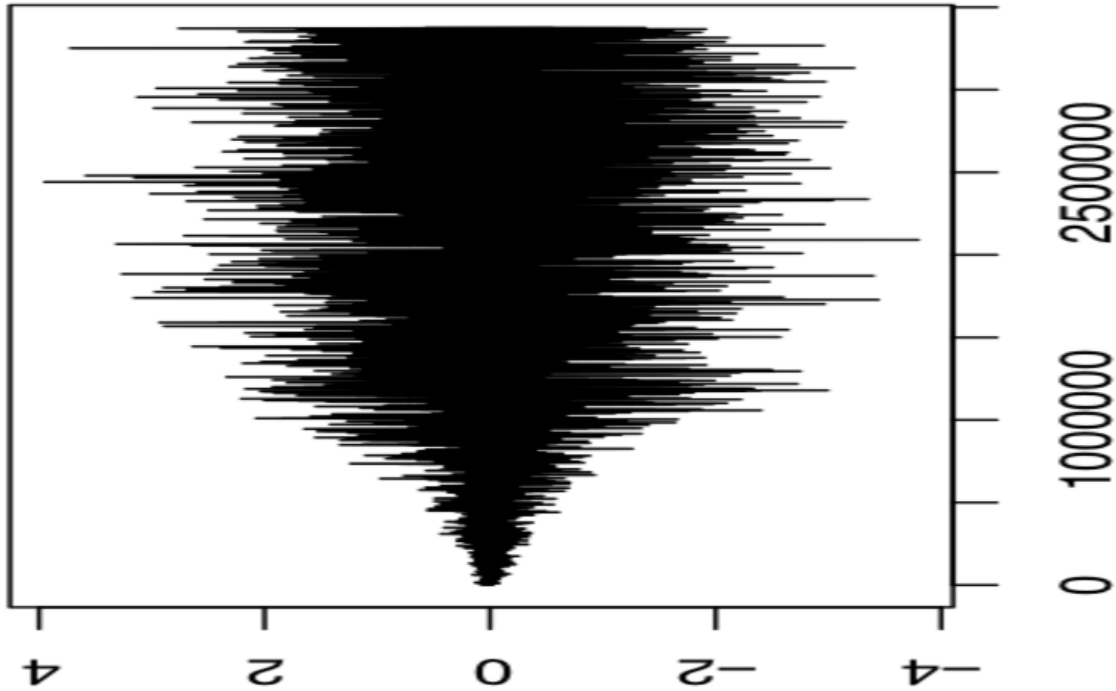
Use adaptive MCMC! (Haario et al., Bernoulli 2001)

- Replace  $\Sigma$  by the empirical estimator  $\Sigma_n$ .
- Hope that for large  $n$ , we have  $\Sigma_n \approx \Sigma$ .
- Then  $N\left(0, ((2.38)^2/d)\Sigma_n\right) \approx N\left(0, ((2.38)^2/d)\Sigma\right)$ .
- So, use this proposal instead!

Are we allowed to do this?? (Subtle, because the process is no longer Markovian.)

- In examples, it usually works well ... (next page)
- But not always ... **[APPLET]**

## Good adaptation in dimension 200 ...



## Is Adaptive MCMC Valid ??

Theorem [Roberts and R., J Appl Prob 2007] : Yes, any adaptive MCMC converges asymptotically to  $\pi(\cdot)$ , assuming :

1. “Diminishing Adaptation” : Adaption chosen so that

$$\lim_{n \rightarrow \infty} \sup_{x \in \mathcal{X}} \sup_{A \subseteq \mathcal{X}} |P_{\Gamma_{n+1}}(x, A) - P_{\Gamma_n}(x, A)| = 0 \quad (\text{in prob.})$$

2. “Containment” : Times to stationary from  $X_n$ , if we fix  $\gamma = \Gamma_n$ , remain bounded in probability as  $n \rightarrow \infty$ . [Technical condition. Satisfied e.g. under compactness and continuity.]

Meanwhile, in applications, adaption often leads to significant speed-ups, even in hundreds of dimensions (Roberts and R., JCGS 2009 ; Richardson, Bottolo, R., Valencia 2010).

## Another application : Simulated Tempering

Simulated Tempering : replace  $\pi$  by a family  $\{\pi^{\beta_i}\}_{i=1}^m$ , with  $0 \leq \beta_m < \beta_{m-1} < \dots < \beta_0 = 1$ .

Here  $\pi^{\beta_m}$  is the “hot” distribution (easily sampled).

And  $\pi^{\beta_0} = \pi$  is the “cold” distribution (the distribution of interest, but hard to sample).

Hope the algorithm can move efficiently between the different  $\pi^{\beta_i}$ , so it can “benefit” from  $\pi^{\beta_m}$  to efficiently explore  $\pi^{\beta_0}$ .

Question : how to choose the values  $\beta_i$  ?

Often chosen to be “geometric” :  $\beta_i = a^i$  for  $0 < a < 1$ .

Theorem [Atchadé, Roberts, R., Stat & Comput 2010] : optimal to choose  $\{\beta_i\}$  so that the asymptotic acceptance rate for moves  $\beta_i \mapsto \beta_{i\pm 1}$  is 0.234. (Not necessarily geometric !)

## Langevin Algorithms

If possible, it's more efficient to use a non-symmetric proposal distribution, inspired by Langevin diffusions :

$$Y_n = X_{n-1} + \sigma Z_n + \frac{\sigma^2}{2} \nabla \log \pi(X_{n-1}).$$

Theorem [Roberts and R., JRSSB 1997] :

Optimal choice is now  $\sigma = \ell d^{-1/6}$  (not  $\sigma = \ell d^{-1/2}$ ), and  $A(\ell_{opt}) \doteq 0.574$  (not  $A(\ell_{opt}) \doteq 0.234$ ).

In this case, the algorithm's running time is  $O(d^{1/3})$ , not  $O(d)$ , with optimal acceptance rate 0.574, not 0.234.

## Summary

- The Metropolis algorithm is very important.
- The optimisation of the algorithm can be crucial.
- Want acceptance rate far from 0, far from 1.
- Various theorems tell us how to optimise under certain conditions : 0.234,  $N\left(0, (2.38)^2 \Sigma / d\right)$ , etc.
  - Even if some information is unknown (e.g.,  $\Sigma$ ), can still adapt towards the optimal choice ; valid if the adaption satisfies “Diminishing Adaptation” and “Containment”.
    - Can lead to tremendous speed-up in high dimensions.
    - Application to computing rare tail probabilities of  $\pi(\cdot)$  ??