

## Where are we now? Retrospective study of non-natural deaths in Ontario: Effects of the COVID-19 pandemic and related public health measures - are we returning to baseline?

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### Introduction

As mask mandates, social distancing, and lockdowns dwindled globally, the curiosity surrounding the long-term impacts of COVID-19 and the amount of literature concerning non-natural deaths during the pandemic increased. Various countries and jurisdictions report differing trends when comparing pre-pandemic death data to that during or post-lockdown. Yet, few studies have presented the effects on death rates in 2022, during the return to our “new normal”.<sup>1–10</sup>

The literature available before April 2021 (our previous study's literature search period) reported increased, decreased, and stable rates for suicide and homicide in different jurisdictions.<sup>11–31</sup> In contrast, all reporting regions experienced decreased motor vehicle collision fatalities and increased substance use deaths.<sup>17,18,32–41</sup> Some death trends were dependent on sex, age, or race, and fluctuated at various stages of the pandemic.<sup>11,18,21,23,28,29</sup> Additionally, multiple countries reported a sudden “pause” or decreased death rate(s) at the start of lockdown, with some rates returning to average or increasing later in the pandemic.<sup>33,42,43</sup>

An updated literature review in January 2024 found that motor vehicle and substance related fatalities trends were heterogeneous. Deaths involving motor vehicle collisions largely declined or were unchanged during lockdown,<sup>1,2,44–62</sup> aside from some regions in Ireland, UAE, USA, Estonia, Finland, Iceland, Latvia, Luxembourg, Montenegro, and Switzerland.<sup>9,50,63–71</sup> Studies on drug-related fatalities were available only from regions in the USA,<sup>60–62,67–107</sup> Iran,<sup>5,76</sup> Canada,<sup>44,76,99,103,108–110</sup> and the UK,<sup>76,111,112</sup> with most reporting increased deaths.

Studies reporting suicide rates comprised the majority of the literature with multiple countries describing increasing and decreasing trends across different geographic regions, populations, or lockdown periods.<sup>7,45,46,48,60,69,70,72–76,113–151</sup> Others noted no significant changes compared to previous years.<sup>8,10,47,61,62,68,73,111,152–178</sup> Several systematic reviews support these diverse findings.<sup>130,169,170,172,179–183</sup> Homicide rates decreased or were not influenced by lockdown in some

regions.<sup>44-47,184</sup> Alternatively, they increased in Bangladesh and the USA (excluding only San Francisco).<sup>56,60,61,68-71,185,186</sup>

Among these findings is the first iteration of our study.<sup>44</sup> When comparing manners of death and types of death across four provincially-defined ‘lockdown’ stages of the COVID-19 pandemic (March 17, 2020 to December 31, 2020) to the previous eleven years (March 17, 2009 to December 31, 2019), we found that homicide rates were unchanged, suicide rates decreased during the earliest stage, and drug-related fatalities increased during all lockdown stages. Motor vehicle collision associated fatalities appeared to decrease slightly in 2020, however we could not conclude this was a lockdown specific effect. The current paper serves to provide updated trends as more data becomes available, with a focus on potential “return to baseline” effects. To our knowledge, we are the first and largest study to completely report 2022 post-COVID-19 trends in all non-natural deaths, comparing pandemic and post-pandemic years.

The Office of the Chief Coroner and Ontario Forensic Pathology Service (OCC-OFPS) conduct provincial death investigations for all non-natural, sudden, or unexpected deaths as specified in the Coroners Act. The OCC-OFPS maintains death investigation data, including death type, manner of death, and cause of death, which is used to improve the health and safety of Ontario’s population. Our analysis demonstrates the longer-term effects of the COVID-19 pandemic and associated public health measures, while highlighting the importance of timely mortality data.

## Methods

The OCC-OFPS uses real-time cases management databases, the Coroner’s Information System (CIS), and QuinC (post-2021), to organize data (manner of death and death type) for all death investigations in Ontario (approximately 20,000 per year). We pulled data at multiple time points during the course of this study to assess data quality and completeness. All death investigation data for January 1, 2009 to December 31, 2022 was retrieved (January 25, 2023), including the following data fields: case number, status of case (open/closed), sex, age, manner of death, environment (e.g. residence, motor vehicle, hospital), and type of death.

A total of 236,972 deaths were investigated in Ontario between 2009-2022 for which data was pulled from the CIS and QuinC (excluding ‘unclear’ deaths, see below). Of these, 96,173 had a manner of death that was homicide (n=2,957), suicide (n=19,248), or accident (n=73,968) and were included in the study. Deaths classified as natural (n=133,631), skeletal remains (n=711), or undetermined manner (n=6,457) were excluded. Cases resulting from Medical Assistance in Dying (MAiD) between June 17, 2016 - May 9, 2017 (n=437) were manually reviewed in the CIS, and the manner of death was assigned based on current practice.<sup>44</sup> As death factor coding in QuinC had minor variation from CIS, 80 randomly selected cases extracted from QuinC were manually checked (with 100% accuracy) to ensure unified death factor coding for our extraction.

For each manner of death and their associated death type (e.g. ‘accident’ and ‘drug-related’, or ‘suicide’ and ‘drug-related’), crude rates were calculated per 100,000 Ontario yearly population as per Statistics Canada,<sup>187</sup> both for entire years and for specific date ranges that corresponded

to provincial lockdown periods: March 17 to May 18, 2020 (Stage 0), May 19 to June 11, 2020 (Stage 1), June 12 to July 16, 2020 (Stage 2), and July 17 to November 7, 2020 (Stage 3), and November 8 to December 31, 2020 (Stage 4). The end date of December 31st represents the end of the calendar year and pre-defined study period; it is not reflective of the end of the government mandated lockdown. The provincial lockdown periods were selected as originally published online by the Government of Ontario.<sup>188</sup> For drug-related accidental deaths, we also present corrected weekly time series counts for each year from 2018-2022 (with uncorrected raw counts as purple “”, and a quadratic curve shown in red). Further, the rates for 2019 ‘pre-pandemic’ (A), 2020-2021 ‘pandemic’ (B), and 2022 ‘post-pandemic’ (C) were compared, shown on the right side of the figures in purple.

### *Statistical Analysis*

For each of the manner and factor categories, and each of the date ranges, we also present various statistical analyses of the corresponding death rates, as follows. To look for linear trends in the pre-pandemic years 2009–2021, we present (in red) the linear regression line and slope, together with the slope’s p-value and confidence interval. The combined 2009-2021 death rate is indicated with a green “–”. To gain a sense of whether the 2022 rate is substantially different from the 2009–2021 rate (i.e., is an outlier), we present the “Tukey’s fences” (in orange), i.e., four times the interquartile range of the pre-2022 values.

To measure more precisely whether the 2022 rate is substantially different from the 2009-2021 rate, we used a two-sample Poisson statistical test. We present (in green) the estimated ratio (“Ratio”) of the 2022 rate over the 2009-2021 rate, together with its 95% confidence interval and p-value. We also show the estimated difference (“Diff”) between the 2022 total count, and what that count would have been if the previous years’ rate had continued, together with its 95% confidence interval as well.

Separately, we also considered an “interrupted time series” (ITS) model, which is a linear regression of the death rates against both the year and an indicator variable for the special year 2022. The resulting “ITS” quantity uses the regression coefficient for the indicator variable to measure the ratio of the 2022 rate to what its expected value would be if the linear trend from 2009–2021 had continued. Its corresponding p-value and 95% confidence interval indicate the uncertainty of this ratio. The ITS thus compares the 2022 rate to the previous years in a way which also takes into account the previous years’ linear trend.

### *Robustness Tests*

To check the robustness of the 2022 changes, we also consider other p-values, which compare the 2022 and 2009-2021 rates under different circumstances, as follows. First, we consider changing the comparison year range, from 2009-2021 to 2010-2021 and 2011-2021 and so on, to see if the 2022 rate still remains substantially different. We display (in brown) the value “robY” as (a) the largest of all the p-values over all choices of the comparison starting year (and show in brackets the starting year which gives the largest p-value), and also (b) the combined union (and

hence largest) of all the corresponding 95% confidence intervals. If the robY p-value is still small, and its combined confidence interval still does not approach the value 1, that means that the 2022 rate change is still substantial regardless of which of the comparison year ranges is used, thus demonstrating robustness of the change. Second, we consider different adjustments for cases whose manner or factor are “unclear”.

### *Adjusting for “Unclear Cases”*

Some of the cases in the database are in a preliminary stage and may be subject to change at the time of case closure. We called a case “Unclear” if (a) it has missing death factor, and/or (b) it has missing manner, and/or (c) its manner is “Undetermined” and also its status is “Open”. The number of such cases is fairly small, but still not negligible.

Some of these Unclear Cases might later add to our categories. To estimate this effect, we performed a separate analysis comparing the latest (January 25, 2023) and earlier (August 25, 2020) data pulls. In the earlier pull, we identified all cases which were unclear at that time. We then examined each of these earlier-unclear cases in the latest pull. Some of them were still unclear and hence excluded. Of the remaining cases, the “correction multiplier” for each category is given by the number of cases resolved to that category divided by the total number of resolved cases. Then, for each death cause, we multiplied the appropriate correction multiplier by the number of corresponding unclear in the latest data pull. We then added that figure as a correction to the raw count. This provided a best estimate of the true death counts in each category and time period, and that best estimate was used to compute the rates shown (as blue circles) in the graphs. To indicate the uncertainty in this “unclear” correction, our graphs also show (in purple) vertical “uncertainty bars” which show 95% confidence intervals for the true rates based on this correction (specifically, the best estimate  $\pm 1.96$  times the correction standard deviation, bounded below by the observed raw count).

To check the robustness of this “unclear” correction, we then re-compute the p-value and confidence interval for the ratio of the 2022 rate compared to previous years where we take the previous years’ rates at either their lower or upper confidence interval endpoint, and simultaneously take the 2022 rate at either its lower or upper confidence interval endpoint. We then display (in brown) the value “robU” which is (a) the largest p-value over all of these endpoint choices, and also (b) the corresponding union (and hence largest) of all the corresponding 95% confidence intervals. If the robU p-value is still small, and its combined confidence interval still does not approach the value 1, that means that the 2022 rate change is still substantial over a wide range of possible resolutions of the unclear cases, thus again demonstrating robustness of the change.

Taken together, these p-values do quite a bit of robustness/sensitivity checking. If the various p-values are all small, and the combined (union) confidence interval still does not approach the value 1, then this means the 2022 change is substantial over a wide range of different comparison methods.

The results of our study are interpreted and reported using the American Statistical Association's (ASA) statement on statistical significance and p-values (i.e., it is recommended that p-values are interpreted as a spectrum). The ASA states that scientific conclusions and policy decisions should not only be based on whether a p-value passes a specific threshold (point 3 of the ASA Statement on Statistical Significance and p-Values).<sup>189</sup>

This study was approved by the University of Toronto Research Ethics Board (Protocol #00040433). Digital data sent off-site for statistical analysis (to JR) was anonymized and password protected. Confidentiality agreements were completed. A RECORD statement (REporting of studies Conducted using Observational Routinely-collected Data), which is an extension of STROBE guidelines (Strengthening the Reporting of Observational studies in Epidemiology) was completed.

## Results

A total of 236,972 deaths were investigated in Ontario between 2009-2022. The number of homicides (n=2,957), suicides (n=19,248), and accidental deaths (n=73,968) were extracted from the CIS and QuinC database (total n=96,173). We compared 2022 crude rates (per 100,000 people) to previous 2009-2021 rates both on an annual basis, and for each distinct sub-annual date range (described above).

### Homicides

The rate of homicides in Ontario continues to slightly trend upwards, as it has over the past decade (slope=0.036, 95% CI 0.0083-0.064; p=0.61; Figure 1). There was no major change in the rate of homicides during 2022 compared to 2009-2021 (RR 1.1, 95% CI 0.96-1.2; p=0.17; Figure 1) with an estimated annual effect of 22 more deaths in 2022 than expected. Further, there was no major change when comparing the rate of homicides in 2022 (post-pandemic 'C') versus 2020-2021 (pandemic 'B') (p = 0.7).

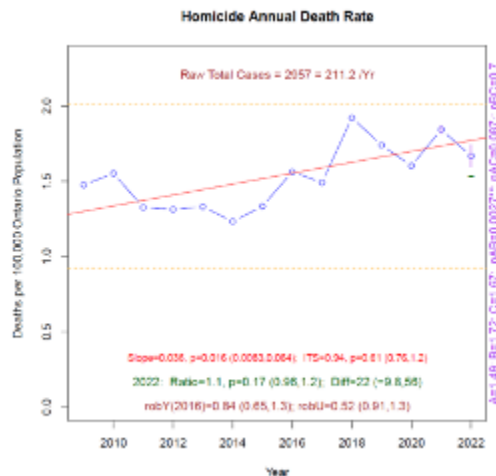


Figure 1. Annual Homicide Death Rates (per 100,000) in Ontario, 2009-2022.

*Suicides*

Although the overall suicide rate in 2022 remains less than estimated (RR 1.0, 95% CI 0.97-1.1;  $p=0.46$ ; Figure 2a) when compared to 2009-2021, there is a slight recent increase in suicides when compared to the previous 2 lockdown years. That is, when comparing 2019 (pre-pandemic 'A') to 2020-2021 (pandemic 'B'), there was a drop in suicide rates during the pandemic years ( $p=0.0037$ ). However in 2022 (post-pandemic 'C'), that drop is no longer seen when compared to 2019 ( $p=0.12$ ). Of note, the increase is minor and is not substantially different when compared to the pandemic years (2020-2021 'B';  $p=0.28$ ).

We previously showed that during the first stage of the lockdown in 2020 (stage 0), that there was a decrease in the rate of suicides compared to recent years (estimated effect of 30 fewer deaths).<sup>44</sup> We now show in 2022, using the same dates as stage 0 for comparison, that the suicide rates may be trending towards baseline (RR 1.0, 95% CI 0.89-1.2;  $p=0.8$ ; Figure 2b) with an estimated annual effect of 4 more deaths than expected.

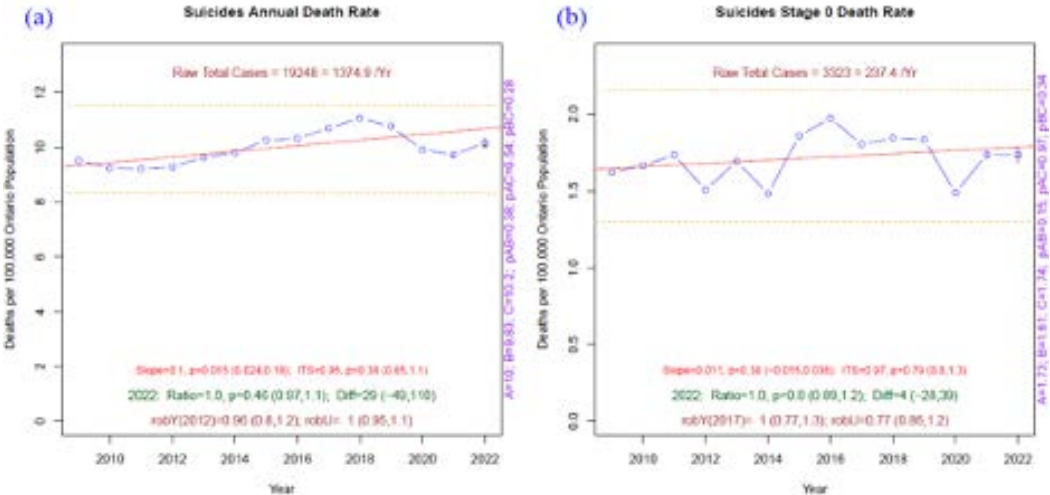


Figure 2. (a) Annual and (b) Stage 0 Suicide Death Rates (per 100,000) in Ontario, 2009-2022.

Furthermore, we previously showed that suicides by drug-related toxicity decreased in 2020 (54 fewer deaths) and in particular, during the first stage (stage 0) of the lockdown (15 fewer deaths) than expected.<sup>44</sup> In 2022, rates appear to be trending upward with 41 fewer deaths overall (Figure 3a, RR 0.83, 95% CI 0.72-0.96;  $p=0.011$ ) and 4 fewer deaths in the 'stage 0' 2022 equivalent (Figure 3b, RR 0.91, CI 0.62-1.3;  $p=0.67$ ). Overall, in 2022, the substantial drop in suicides by drug-related toxicity death that was seen during the pandemic (2019 'A' versus 2020-2021 'B';  $p=0.0033$ ) is no longer seen when comparing 2019 pre-pandemic 'A' to post-pandemic 2022 'C' to 'C' ( $p=0.066$ ). However, of note, the increase in drug toxicity-related suicides in 2022 'C' is small and is not substantially different when compared to the pandemic years 'B' ( $p=0.46$ ).

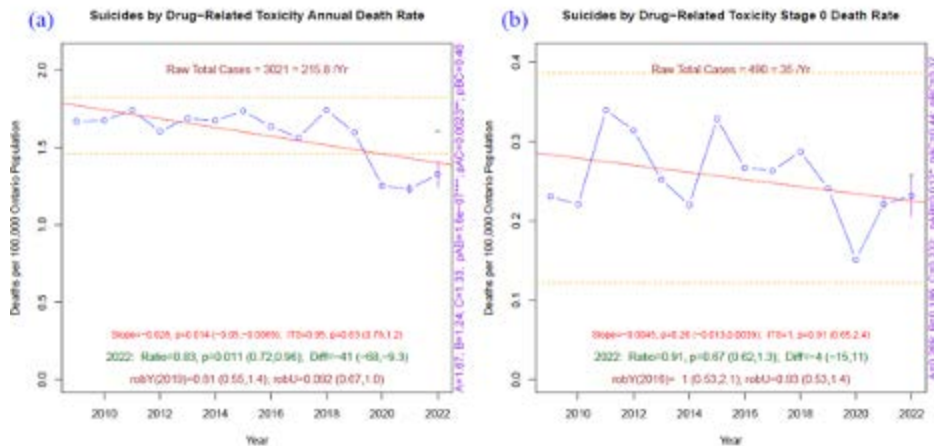


Figure 3. (a) Annual and (b) Stage 0 Suicide by Drug-Related Toxicity Death Rates (per 100,000) in Ontario, 2009-2022.

*Accident*

The rate of accidents in Ontario continues to slightly trend upwards over the past decade (slope=1.7, 95% CI 1.2-2.3; p<0.001; Figure 4). Overall, the rate of accidents during 2022 compared to 2009-2021 remains substantially elevated (RR 1.4, 95% CI 1.4-1.4; p<0.001; Figure 4) with an estimated annual effect of 2312 more deaths in 2022 than expected.

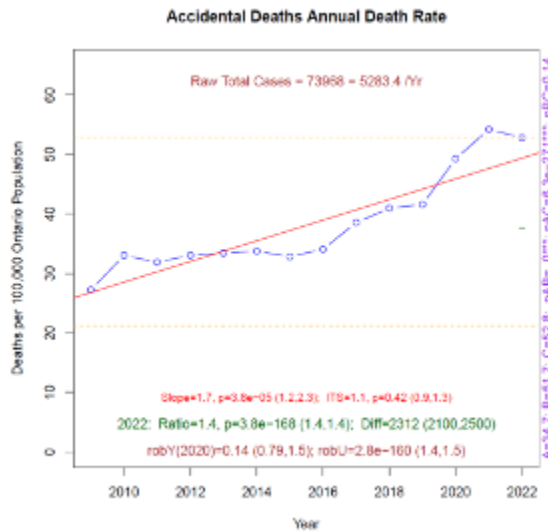


Figure 4. Annual Accidental Death Rates (per 100,000) in Ontario, 2009-2022.

When looking specifically at drug-related deaths, we previously showed an excess of 1,500 accidental drug-related deaths in 2020.<sup>44</sup> In 2022, while drug-related deaths still remain elevated (RR 1.8, 95% CI 1.8-1.9), p<0.001; estimated annual effect of 1132 excess deaths, they appear

to be trending slightly downwards (Figure 5). Furthermore, there is a substantial decrease in drug-related deaths in 2022 ('C') compared to the pandemic years 2020-2021('B') ( $p < 0.001$ ).

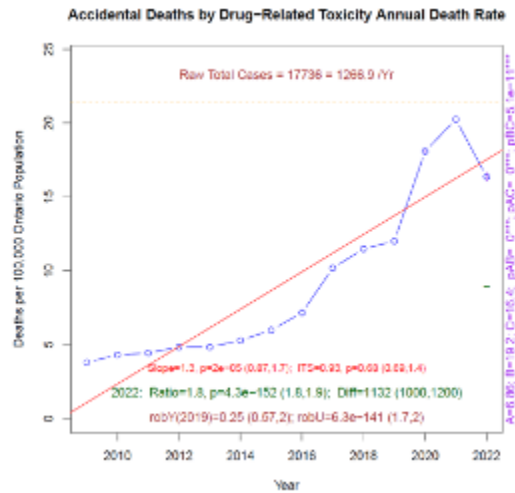


Figure 5. Annual Accidental Drug-Related Death Rates (per 100,000) in Ontario, 2009-2022.

This effect of a decrease in drug-related deaths in post-pandemic 2022 'C' is seen at all equivalent timeframes during the lockdown (2020-2021 'B') (stage 1 ( $p = 0.034$ ), stages 0 and 3-4 ( $p < 0.001$ ), stage 2 ( $p = 0.089$ )) (Figure 6a-e).

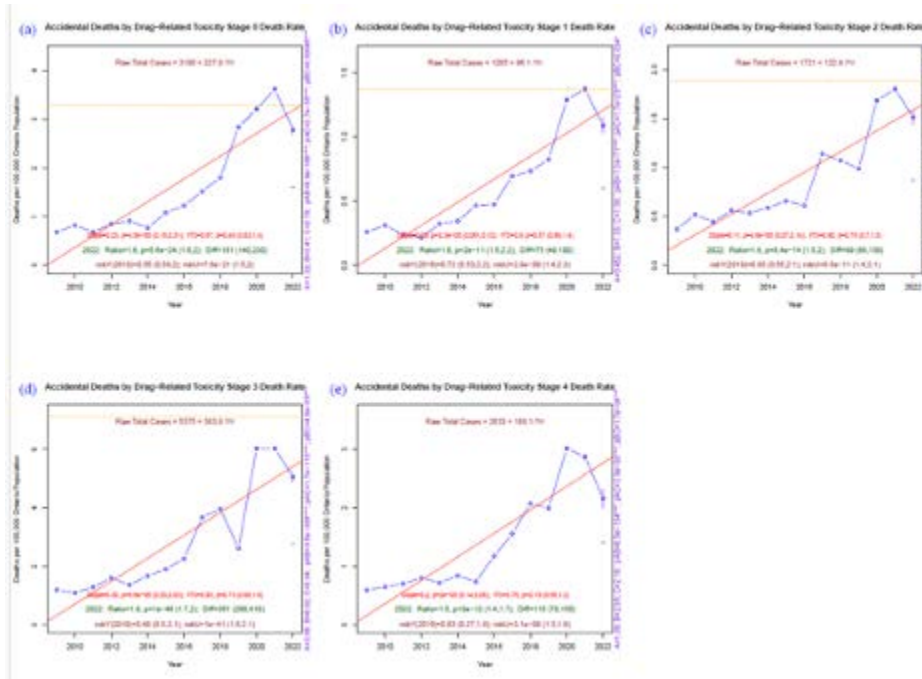




Figure 6. (a) Stage 0, (b) Stage 1, (c) Stage 2, (d) Stage 3, and (e) Stage 4 Accidental Drug-Related Death Rates (per 100,000) in Ontario, 2009-2022.

The decrease in drug-related deaths in 2022, is also demonstrated in a weekly time series plot showing the pandemic years (2020 and 2021) and post-pandemic year (2022) (Figure 7).

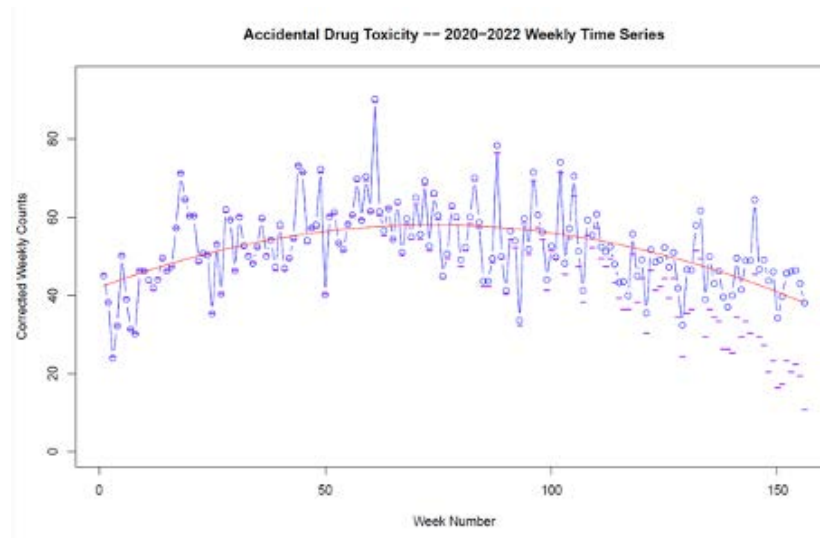


Figure 7. Weekly Accidental Drug-Related Death Rates in Ontario, 2020-2022.

Accidental drug death data may intersect with suicide data insofar as some suicides by drug overdose may be misclassified as accidental drug deaths. We thus also explored a composite self-injury mortality (SIM) model. Rockett *et al.* (2020) have proposed the use of this composite category that includes all suicides plus the accidental drug toxicity deaths.<sup>190</sup> We previously showed an estimated annual effect of 1628 more deaths in 2020.<sup>44</sup> In 2022, we show 398 fewer deaths than previously reported (estimated annual effect for 2022 = 1230) (RR 1.4, 95% CI 1.4-1.5),  $p < 0.001$ ) with a substantial decrease in deaths from 2022 'post-pandemic' 'C' compared to the pandemic years 2020-2021 'B' ( $p < 0.001$ )(Figure 8).

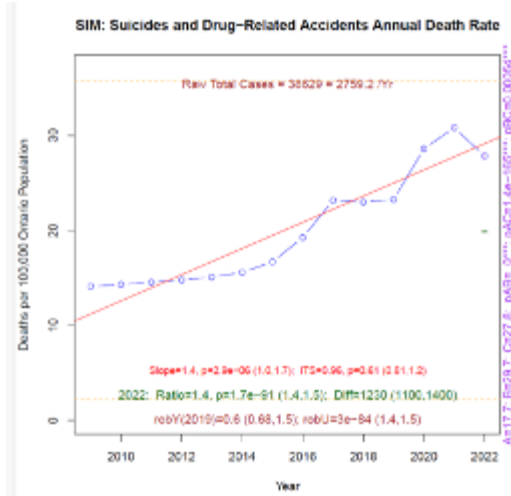


Figure 8. Annual Combined Suicide and Accidental Acute Drug-Related Death Rate (per 100,000) in Ontario, 2009-2022.

We previously showed that in 2020, motor vehicle collision-associated fatalities decreased slightly (estimated annual effect of 78 fewer deaths),<sup>44</sup> however in 2022, rates appear to be trending back to baseline (RR 0.93, 95% CI 0.85-1.0),  $p=0.061$ ; estimated annual effect of 51 fewer deaths (i.e., an increase in 27 deaths versus expected) (Figure 9a). Overall, this trend is minor, with no substantial change in 2022 ‘post-pandemic’ ‘C’ compared to the ‘pandemic’ years 2020-2021 ‘B’ ( $p=0.53$ ).

However, when looking at stage 0 in 2020, we previously showed a decrease of 21 accidental deaths attributed to motor vehicle collisions versus expected.<sup>44</sup> In 2022, when looking at the comparable time point, there was an increase of 11 deaths (i.e., an increase in 32 deaths versus expected), again, suggesting an increase to greater than baseline (Figure 9b).



Figure 9. (a) Annual and (b) Stage 0 Accidental Motor Vehicle Accident Death Rates (per 100,000) in Ontario, 2009-2022.

The main findings from our current study are summarized in a forest plot (Figure 10b) which displays the 2022 death rate ratios (i.e., the 2022 rate over the pre-2020 rate) and their respective p-values and confidence intervals. This can be visually compared to the same analysis from 2020 (Figure 10a), again demonstrating a slight reversal (towards baseline) of all previously demonstrated trends.

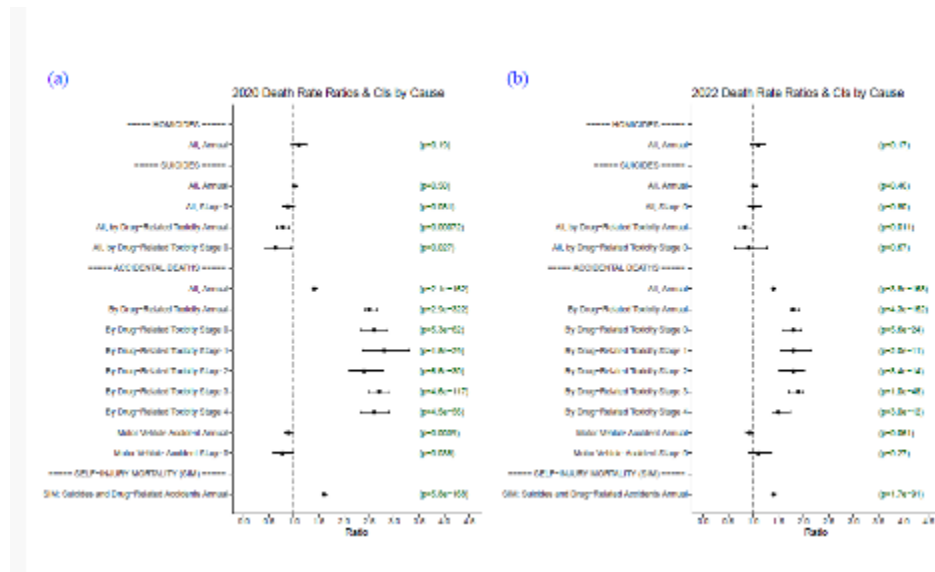


Figure 10. Death Rate Ratios and their Respective p-Values and Confidence Intervals by Death Type in (a) 2020 and (b) 2022.

## Discussion

The COVID-19 pandemic and the public health measures it necessitated were unlike anything this generation has previously witnessed. Its long-term implications are still being elucidated. An understanding of these impacts remains of interest to the public, media, academics, and government policy makers in order to inform future decisions.

We previously reported that homicide rates during the lockdown were largely unaffected in Ontario.<sup>44</sup> Further, we showed that suicide rates slightly decreased during Stage 0, compared to recent years.<sup>44</sup> In contrast, we reported a substantial increase in the rate of drug-related fatalities during all stages of the lockdown.<sup>44</sup> Lastly, we showed accidental motor vehicle collision-associated fatalities decreased slightly in 2020, although an effect attributed to the lockdown was not clearly evident when compared to recent years.<sup>44</sup>

Our current study of 96,173 deaths is, to our knowledge, is the largest worldwide which reports the longer-term effects (i.e., including the entire year of 2022) of the COVID-19 pandemic

(including removal of public health lockdown measures/restrictions) on all non-natural manners of death (suicide, homicide, accident). We currently show evidence of reversals of the previously reported pandemic-related trends. That is, the trends previously observed including a decrease in suicide rates, an increase in accidental drug-related deaths, and a slight decrease in motor-vehicle associated deaths, appear to be heading back to baseline. These results strengthen the evidence for a causal link between the pandemic and the changes seen in the 2020 data, and highlight the importance of death investigation systems in providing high quality and timely data to inform public health recommendations and may give early suggestion to an end of the pandemic-related effects on manners of death.

### *Homicides*

Our data demonstrate that in Ontario, the rate of homicides continues to slightly trend upwards however there was no major change in the 2022 post-pandemic phase. Unfortunately, we are unable to compare this finding internationally as the literature has not reported post-pandemic trends beyond February 2022.<sup>9</sup>

During the pandemic, homicide rates decreased in China, England, Wales, and Greece and were unchanged in Mexico and Ontario, Canada.<sup>44-47,184</sup> Femicide also decreased in Turkey and was unchanged in Chile, while domestic homicides increased in Greece.<sup>184,191,192</sup> Additionally, homicides in Bangladesh increased during lockdown but decreased post-lockdown in 2021.<sup>186</sup>

In the USA, most publications reported increasing homicides throughout the pandemic,<sup>60,61,68-71,185</sup> particularly for black individuals,<sup>72</sup> by means of firearm,<sup>62,67,193,194</sup> and in less privileged neighborhoods.<sup>195</sup>

It is unclear why Ontario homicide rates appear to have been unaffected during and subsequent to the pandemic. It is likely that the varied findings between geographic areas are due in large part to region-specific stressors, economic, political, cultural and/or potential variability in the response of emergency medical services (e.g., police, ambulance, and/or hospital services). It remains important to continue to monitor trends not only in mortality, but also domestic violence to ensure public safety.

### *Suicides*

Although the overall suicide rate in 2022 remains less than estimated, when compared to 2009-2021, there is a slight recent increase in suicides when compared to the previous two lockdown years. Although the increase is small, a trend towards baseline is evident. Further, in 2022, the substantial drop in suicides by drug-related toxicity death that was seen during the pandemic (2020-2021) is no longer observed, also suggesting a return to baseline.

Compared to all manners of death, suicide rates were the most extensively reported and had the greatest variation in trends in the literature. The most recent data are from 2022, although the majority of these studies report consistent trends across all years (i.e., remained steady or

continued to increase or decrease) rather than a return to baseline effect.<sup>4,7-10</sup> One exception is a study from France, which found suicides decreased during lockdown periods but increased in both youth and elderly age groups from mid-2021 to 2022.<sup>6</sup>

Many countries reported decreased suicide rates, especially early in the pandemic.<sup>45,46,48,60,69,70,72-75,113-131,145,148</sup> However, rates increased during the pandemic period in Poland, Spain, Northern Ireland, Hungary, Nepal, Jordan, Japan, Iran, Mexico, Russia, India (excluding New Delhi) and Suzhou, China,<sup>7,73,76,130,132-144,146,147,149-151</sup> while others reported no change.<sup>8,10,47,61,62,68,73,111,152-178</sup>

Additionally, multiple countries had heterogeneous findings both between studies and within studies (i.e., results varied between geographic region, age, and sex). In the USA, the vast majority of studies reported decreased or stable suicide rates, excluding increased youth suicides.<sup>196,197</sup> Similarly, in Brazil the only increases were seen in women, elderly persons, and those living in economically vulnerable areas.<sup>4,117,198</sup> Japan also reported that youth rates both peaked and returned to baseline in 2020 and that female suicides increased throughout the pandemic period.<sup>43,141,142,148,199-203</sup> Studies from Korea and Poland also reported increased suicides for women only.<sup>204-206</sup> Alternatively, Hungary saw male suicides increase while female rates remained steady.<sup>207</sup>

Lastly, trends also changed from pre- to post-lockdown or from year to year. In Mexico and Hungary, suicides increased during the 2020 but returned to expected rates by 2021.<sup>208,209</sup> Conversely, rates in Germany and Japan were lower during lockdown but increased after restrictions were lifted.<sup>43,148,210-212</sup>

Our observation that suicides in Ontario, particularly due to drug toxicity, initially decreased and then returned to baseline requires further study. It is possible that the initial factors that led to the initial pandemic-associated decrease in suicides have now been removed. That is, perhaps potential positive mental health impacts that accompanied the pandemic and lockdown restrictions, such as working from home and school closures, may no longer be available. This may highlight the relevance of stressors such as commuting/traffic, pressures, harassment, and bullying, which may have been mitigated by pandemic restrictions. Alternatively, it is possible the data reflect long-term mental health implications of the COVID-19 pandemic and related lockdowns (e.g., potential negative impacts on income, unemployment, and increased mental illness). Alternatively, protective factors<sup>26</sup> at the start of the pandemic such as bolstered mental health services, community and or financial supports, may no longer be available. These factors require elucidation, ongoing monitoring, and potential intervention.

### *Accident*

The rate of accidents in Ontario continues to trend slightly upwards over the past decade.

When looking specifically at drug-related deaths, we previously showed an excess of 1,500 accidental drug-related deaths in 2020.<sup>44</sup> In 2022, while drug-related deaths still remain increased (estimated annual effect of 1132 excess deaths), they appear to be trending towards baseline.

Furthermore, there is a substantial decrease in drug related deaths in 2022 compared to the pandemic years (2020-2021).

We recognize that some suicides by drug overdose may be misclassified as accidental drug deaths (SIM rate). We previously showed an estimated annual effect of 1,628 more deaths in 2020 in suicide and accidental drug-related deaths.<sup>44</sup> In 2022, we show a decrease to 1,230 estimated excess SIM deaths with a substantial decrease in deaths from 2002 compared to the pandemic years (2020-2021).

The literature reports increased drug-related deaths in the USA,<sup>60–62,67–107,213</sup> Iran,<sup>5,76</sup> Canada,<sup>44,76,99,103,108–110</sup> the UK,<sup>73,76,111</sup> throughout the pandemic, with the most recent data being from Iran in April 2022.<sup>5</sup> Exceptions include decreases in New Hampshire,<sup>79</sup> increasing rates for Black individuals only in Massachusetts,<sup>102</sup> and steady rates in Baltimore, Philadelphia, and Nova Scotia.<sup>115,214,215</sup> Additional papers from the USA report accelerating death rates at the start of the pandemic, then slowing towards October 2020,<sup>216,217</sup> then a further increase during the second pandemic year (March 2021 - February 2022).<sup>9</sup> In England, deaths increased from 2019 to 2020, but then decreased in 2021.<sup>112</sup> Conversely, drug-related deaths in Scotland were increasing pre-pandemic but then leveled off.<sup>73</sup>

The opioid crisis and accidental drug-related deaths remain a challenge in Ontario. Our data show that accidental-drug related deaths continue to be elevated, however that the potential compounding effect of the pandemic and related-health measures may be receding. The root of this effect is not clear; however, it may be related to increased access to harm reduction services and treatment (e.g., due to lifting of physical distancing mandates and closures). It may also be related to a reduction in those who used illicit substances during the pandemic due to a now removed pandemic-related factor, (e.g., social isolation, boredom, feelings of uncertainty, physical/mental health, and financial stressors), that prompted individuals to seek a sense of euphoria/heightening well-being via drug-related use. Prescribing patterns and potential availability of opioid-related medications may also have implications both during and subsequent to the pandemic. The effect of border closures and the drug supply may also have played a role in the components and lethality of illicit substances.

Further, it is possible that the success of interventions, such as physical and mental health supports (including improved access), harm reduction service access, policing, and public health intervention strategies, aimed at reducing drug use may now be reflected in the data. Of note, drug-related deaths continue to remain elevated in Ontario and our data appear to be reflecting a trend to baseline of the continued opioid-related challenges that predated the pandemic-related increase that we previously reported. Whether the reduction will continue or increase in future years has not yet been elucidated. As such, continued monitoring and intervention also remains of utmost importance.

We previously showed that in 2020, motor vehicle collision-associated fatalities decreased slightly (estimated annual effect of 78 fewer deaths),<sup>44</sup> however, in 2022 rates appear to be trending back

to baseline (estimated annual effect of 51 fewer deaths). Overall, this trend is minor; however, there is a suggestion of return to baseline rates.

In most countries with available literature, motor vehicle deaths decreased during the pandemic.<sup>2,44-55</sup> Exceptions include Ireland, UAE (Al-Ain), Estonia, Finland, Iceland, Latvia, Luxembourg, Montenegro, and Switzerland.<sup>50,63,64</sup> In Poland, motor vehicle deaths decreased for females but increased for males,<sup>132</sup> while the USA reported heterogenous trends including increases,<sup>65-71</sup> increases limited to Black and Hispanic individuals,<sup>72</sup> decreases,<sup>56</sup> and steady rates.<sup>1,57-62</sup> Other USA studies reported a dip during lockdown followed by a rise afterwards but another stated that rates increased throughout, with the greatest increase in the second year.<sup>9,74</sup> Lastly, a study from Iran found that accidental deaths in general increased for men but decreased for women during the pandemic.<sup>3</sup>

We previously speculated that the slight decrease in motor vehicle-related fatalities during the onset of the pandemic may have been due to a reduction in drivers on the road due to the lockdown. The impact of reduction in road traffic of accidental deaths may have been countered by other factors, notably unsafe driving practices such as driving under the influence of drugs/alcohol and/or speeding/stunt driving. Our data now suggest a return to baseline (slightly above baseline): this requires continued monitoring and potential intervention to ensure the upward trend does not continue.

## **Limitations**

Not all cases were closed at the time of final data extraction, potentially limiting some of our findings. However, as death investigations can take many months/years to complete, this limitation is unavoidable. As timely results are of utmost importance to the public and international community, we extracted data from open cases using preliminary data if it was provided by the Coroner. We have previously calculated using multiple data retrievals that rates of change of manners of death from open to closed cases changes only approximately 0.53% (17/3187) and is thus unlikely to have significantly impacted the results of the study.<sup>44</sup>

For lockdown stages, we acknowledge that there was some variation in geographical areas that were re-opened in the province towards the later stages of the lockdown, however the lockdown dates for our study were selected based on the stage that reflected the status of the majority of the province<sup>188</sup>. Mild variation in geographical location is unlikely to have impacted the main findings. Our study takes into account the small changes (increases) in Ontario's population over time, however, it does not specifically consider age-adjusted rates to reflect changes in Ontario's age distribution. We have conducted a preliminary investigation into those changes. Our investigation showed that there is variability in suicide rates with age ranges. However, we found that Ontario's population in different age ranges has remained relatively constant over the period under investigation. Additionally, the changes do not appear to be large enough to substantially impact the corresponding yearly death rates. Thus, we feel that changes in population age distribution are unlikely to affect our conclusions.

We acknowledge the possibility that a small percentage of cause and manner of death determinations may have been misclassified by the Coroner due to unavailable information at the time of investigation. Although we could have prefaced each manner with 'suspected', we used the official classified manner of death as recorded in the Coroner's software systems. If there was substantial uncertainty with respect to the manner of death, the case would likely have been classified as 'undetermined'. Undetermined manners of death (in closed cases) were excluded from our study as this manner represents limited practical utility to public health and policy makers in the context of our study.

In Ontario, all Coroners' investigations and conclusions are reviewed by a Regional Supervising Coroner who performs quality assurance measures on each case, ensuring multiple experts have reviewed the available information and agree on the cause and manner of death. Further, there is a quality assurance program in Ontario for forensic pathology reports for deaths in which an autopsy is performed (including routine audits, and a peer review process). We acknowledge that despite these practices, there may still be misclassifications. However, within the recognized limitations of manner of death determination based on the investigative information available, we feel misclassifications likely represent a very small percentage of cases that are unlikely to significantly impact our study. Statistically, misclassification rates are likely to have remained relatively constant each year and are therefore unlikely to have affected comparisons between years. Additionally, cases can be reopened and amended based on new information available, to ensure accurate classifications, and our study will have included cases which were corrected and closed if a case required an updated classification.

A limitation of our study is that the data do not include attempted homicides and suicides, as our data only includes the deceased population. Further, our accidental motor vehicle collision data only includes fatalities, and as such, cannot draw conclusions on motor vehicle collision rates (including non-lethal collisions).

## **Conclusion**

We report a post-pandemic "trend to baseline" effect for suicides and accidental deaths, including drug-related and motor vehicle collision fatalities. Homicide rates do not appear to have been affected by the COVID-19 pandemic. All our previously reported pandemic-related effects including increased drug-related deaths and decreased suicide and motor-vehicle collision associated deaths appear to be trending back to baseline. These results may suggest an end to the pandemic-related effects on these non-natural manners of death.

Our new findings suggest interventions aimed at reducing drug use may have in part assisted to reduce drug-related deaths (however on-going monitoring and continued intervention is required). However, the study also suggests the need for potential consideration of increased mental health supports for suicide prevention, and possible interventions to reduce motor-vehicle collision associated deaths.



This study highlights the vital role of death investigation systems in providing high quality and timely data to inform public health recommendations.

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## **Declaration of Interest**

This study adhered to scientific and medical standards of ethics and was approved by the University of Toronto Research Ethics Board (REB file #00040433). This study did not receive any funding. None of the authors declare any real or perceived conflicts of interest. All authors meet criteria for authorship per the ICMJE guidelines and all authors have approved the manuscript in its submitted form.

## **Contributors**

JD conceptualized the study, gained REB approval, contributed to the study design and methodology, verified the underlying data, drafted, and reviewed the manuscript. JR contributed to the study design and methodology, verified the underlying data, performed the statistical analysis, generated figures, drafted and reviewed the manuscript. MC conducted the literature review, contributed to the study design and methodology, drafted, and reviewed the manuscript. RW contributed to the study design and methodology and reviewed the manuscript.

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## **Data Sharing**

Full technical details of all of the categories and robustness tests and adjustments that we considered are available upon request.

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